Our school prides itself in hosting a yearly Christmas show. This year, the musical entitled "Is-7" was a huge success. "It was a great collaborative effort. The fact that all students participated is something very beautiful. We hope we gave a powerful and unforgettable message. We must continue to live this message in our everyday lives." - Ms Christine Scerri.

The show is long-awaited each year by everyone. It involves hard work; whether it's script-writing, planning choreography, sewing costumes, or designing props, everybody pitches in. According to Ms Georgette Bajada, planning the musical began from September and "it was a group effort." This year’s theme was about The Seven Corporal Works of Mercy. Mr Jason Joe Farrugia stated that he got this idea for this year’s musical from the Jubilee of Mercy being celebrated this year. Mr Sean Bugeja said it was stressful but it was all worth it. From the earth-shattering applause and the praising to the heartfelt teary hugs from the Form 5 students, this year’s musical was sure one to remember!
Multiculturalism is defined as "the existence, acceptance or promotion of multiple cultures and traditions" (Wikipedia.org, 2016) or, in simpler terms, a community which accepts people coming from different cultural backgrounds. In our school, we have a number of students of various cultures. Although it may seem as though they are miles apart, there is some middle ground between them. One example is the fact that Hungary, England and Malta were all originally Catholic countries and therefore have similar holidays. Nevertheless, some of the things we do to celebrate may be different. As one of our students mentioned, in Hungary, the traditional way to begin Easter morning is to splash water on all the girls of the house and give them a red egg to ‘help them grow’ like flowers, whereas in England, people might go Easter egg hunting.

In our school, it is our duty to try and accept everyone. When asked if they felt accepted, most of these students replied that they did feel welcomed but also felt as though they were treated slightly differently at times.

Music is a universal language that encourages self-expression and continuously helps people cope with difficult experiences in their life. It is found everywhere, in fact many are seen with headphones in the street. Some find music stress-relieving, some see it as an escape from problems and the outside world and as a key to their own little world. (Cheng, 2014). Others associate song lyrics with life experiences. One can’t forget the millions of music fandoms which bring people with common tastes, together. Apart from this, it’s interesting to know that music is important for the well-being of humans. (Ahtisaari, & Karanam, 2015). When listening to music, the brain starts taking apart the sound, it analyzes different rhythms and melodies and then puts it all together to create a consolidated musical experience (Albertson, 2016).

Studies state that playing an instrument is equivalent to a full body workout as it activates all areas of your brain at once. While the left side is used for keeping the correct rhythm and timing, the right side is used for creativity and self-expression through playing!


It is important that we all learn to embrace diversity and work alongside one another as a school to help everyone feel included. As our school’s mission statement asserts “our school community is committed to nurture a respect for diversity.”


Stress Management ~ Marie Georgette Spiteri and Christabelle Zammit

Stress! That’s a big word. Annual Exams are on their way and the countdown for summer has started. To manage your stress, firstly, you have to manage your time well. We asked for a few tips from our dedicated guidance team. Ms Lilian told us that she didn’t have a lot of stress as a teenager but she had a “healthy anxiety”. “The trick” she says “is to plan ahead” and “if you know that you did your best, you can accept any result.” On the other hand Ms Claire told us that she experienced stress as a teenager. Her advice was “go for a walk and then continue what you were doing and mostly avoid procrastination.” Ms Claire also gave us a suggestion to make a study plan and stick to it. We as students also suggest to study in a cozy place and don’t forget to keep a snack and a nice cup of tea next to you!

Together with Ms Dorienne, the prefects discuss new projects and the activities such as the Christmas musical and the school party. Moreover the council promotes leadership and communication skills. It also helps students be more creative in their thinking and to give their voice.

The information in this article is provided by Ms Dorienne, whom we interviewed. From what we have learned all this is done to encourage the students to be active participants in their school.
**Ms Daniela (French):**
1. “Getting in touch with the French language and its culture. During the French lesson students are exposed to the four components of the language: reading, writing, listening and speaking.”
2. “Leonardo Di Caprio was my favourite actor because at that time he was playing the part of Jack in the movie ‘Titanic’ and it was popular.”
3. “Frog legs, I just swallowed the food so I would not be able to taste it and feel the frog in my mouth.”

**Ms Claire (Accounts, Guidance):**
1. “It is a technical subject, in the sense that, you only learn accounts exclusively during accounts lessons.”
2. “Leonardo Di Caprio because he started his career while I was growing up, he was my favourite.”
3. “Turkish food, I could not get what I was eating.”

**Ms Rebecca (Biology):**
“1. Biology concerns the study of living things and how they interact together with their environment. Students also learn about how the human body works and acquire a range of lab and research skills.”
2. “Nick from the Backstreet Boys, because he was cute and had a nice voice.”
3. “Horse, very salty and tough. I did not like it. (I was tricked into eating it!).”

**Interviews by:** Sephora Camilleri, Francesca-Jo Caruana and Shania Micalef.

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**Mr Emmanuel (Design and Technology, Graphical Communications):**
1. “It helps students learn and produce innovative designs while developing skills and objects.”
2. “Pamela Anderson, because she was one of the main actors of my favourite TV shows ‘Bay Watch’.”
3. “Tomatoes because I have a phobia of tomato seeds.”

**Mr Ronald (English, Hospitality, Health and Safety):**
1. “I teach English Literature which is made up of Prose, Poetry and Drama to the 5th formers with the aim of helping them appreciate literature. I also teach Hospitality which aims at preparing students for the world of tourism.”
2. “Kylie Minogue – she is humble and very pretty.”
3. “Lamb, because it was disgusting. I tried to mix the flavour with the potatoes and vegetables but I still could not eat it!”